



NEBOSH HSE Certificate in Manual Handling Risk Assessment

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NEBOSH

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NEBOSH, the National Examination Board in Occupational Safety and Health, is a world leading provider of Health, Safety, Environmental and Wellbeing qualifications.

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Globally recognised health, safety
and environmental qualifications

Prevention and control of work-related musculoskeletal disorders (MSDs) is a major priority globally.

Manual handling is one of the main causes of musculoskeletal disorders. This qualification aims to help you address this, by providing the knowledge and tools required to identify manual handling risks and more importantly, prioritise controls to protect workers.

Who is it for?

Anyone involved in assessing the impact of manual handling activities in the workplace including:

- Health and safety professionals
- Workplace champions
- Employee representatives
- Occupational health practitioners

What will I learn?

The NEBOSH HSE Certificate in Manual Handling Risk Assessment was developed in conjunction with Great Britain's health and safety regulator, the Health and Safety Executive (HSE).

Studying this qualification, will help you:

- Understand why reducing the risks associated with manual handling activities is important
- Explain what manual handling risks are and how they may result in injury

- Learn how to use HSE tools to:
 - assess manual handling risks in a simple and logical way
 - interpret, categorise, and communicate the level of risk identified for known risk factors associated with manual handling activities
- Practice appropriate manual handling risk assessment technique
- Apply wider elements of risk management for manual handling

How will it help me?

This qualification will help you:

- Recognise, assess, and reduce manual handling risks
- Gain transferable skills that can be used in any organisation, industry, and job
- Build confidence in your manual handling risk assessment capabilities



Advantages for employers

The NEBOSH HSE Certificate in Manual Handling Risk Assessment will help you:

- Protect your people from one of the main causes of musculoskeletal disorders
- Build valuable in-house expertise – your assessors will know how to use HSE manual handling tools and templates
- Have confidence that your approach to manual handling risk assessment reflects best practice

Where can I take a course leading to the NEBOSH HSE Certificate in Manual Handling Risk Assessment?

Details of Learning Partners throughout the world can be found on our website.

Please contact the Learning Partners directly to find out how their course will be structured.

How is it assessed?

A practical assessment is completed at the end of the course. After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Further details, including the syllabus guide, can be found on our website.

Where can I find out more?

For further details about the NEBOSH HSE Certificate in Manual Handling Risk Assessment visit:

www.nebosh.org.uk/manualhandling

“Manual handling risks are a challenge in every workplace. We know that heavy work, repetitive handling, awkward postures and previous or existing injuries or conditions are all risk factors for developing MSDs. Taking the positive, achievable steps covered in this new qualification will help organisations prevent workplace MSD injuries and reduce related ill health.”

Matt Birtles
Principal Ergonomist, HSE